# Adolescent Sexual and Reproductive Health & HIV/AIDS among Young People

# Compendium of Institutions in Sri Lanka

2006





### **ACKNOWLEDGEMENT**

The contributions made by Dr Sujatha Samarakoon and Dr. K A M Ariyaratne Consultant Venereologist, National STD/AIDS Control Programme, Ministry of Health, Colombo, Sri Lanka, in the compilation of this Compendium of Institutions working in the field of adolescent sexual and reproductive health and HIV/AIDS among young people in Sri Lanka is gratefully acknowledged.

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### **CONTENTS**

Вас	ckground	. 1
Sed	ction1:Government institutions	. 4
1.1	Sectors	. 4
	National Youth Services Council (NYSC)	. 4
	Department of Prisons	. 5
	Ministry of Fisheries & Ocean Resources	. 5
	Sri Lanka Bureau of Foreign Employment	. 6
	National Child Protection Authority	. 7
1.2	Youth Friendly Health Services	. 8
	Country Focal Point	. 8
	Negombo Base Hospital	. 8
	Kalutara General Hospital	. 8
	Colombo South Teaching Hospital	. 9
	Colombo North Teaching Hospital	. 9
	Gampaha General Hospital	. 9
1.3	Infectious Diseases Hospital	10
	Infectious Diseases Hospital, Angoda	10
1.4	STD Clinics of the Ministry of Health	10
	a. Western province	11
	Colombo, Central STD Clinic	11
	Colombo South, STD Clinic	.11
	Colombo North, STD Clinic	.11
	Negombo, STD Clinic	.11
	Kalutara, STD Clinic	11
	b. Central province	12
	Kandy, STD Clinic	12
	Matale, STD Clinic	12
	Nuwaraeliya, STD Clinic	12
	c. South province	12
	Galle, STD Clinic	12
	Matara, STD Clinic	12
	Balapitiya, STD Clinic	12
	Hambantota, STD Clinic	12
	d. North Western province	12
	Kurunegala, STD Clinic	12
	Chilaw, STD Clinic	12
	e. North Central province	13
	Anuradhapura, STD Clinic	13
	Polonnaruwa, STD Clinic	13
	f. Sabaragamuwa province	13
	Rathnapura, STD Clinic	13
	Kegalle, STD Clinic	13

	g.	Uva province	13
		Badulla, STD Clinic	13
		Mahiyangana, STD Clinic	13
		Monaragala, STD Clinic	13
	h.	North and East province	.13
		Jaffna, STD Clinic	13
		Vavuniya, STD Clinic	13
		Mannar, STD Clinic	14
		Trincomalee, STD Clinic	14
		Batticaloa, STD Clinic	14
		Ampara, STD Clinic	14
		Kalmunai, STD Clinic	14
Sec	tio	n 2: Local Nongovernmental Organizations	15
	Ald	cohol and Drug information centre (ADIC)	15
	All	iance Lanka	15
	Ar	unalu Community Development foundation	16
	Ar	unalu Drug Prevention and Community Development Centre	.16
	As	sociation of Village Reawakening	17
	Atl	hugalpura Foundation	17
	Cr	nristian Children Fund	18
	Сс	ommunity Concern Society	18
	Сс	ommunity Development Services	19
	Сс	mmunity Development Centre	19
	Сс	mmunity Development Foundation	20
	Сс	mmunity Health Foundation	20
	Сс	mmunity Oriented Resource Exchange (CORE)	21
	Сс	ompanions on a Journey	21
	Dr	ug Prevention and Environmental Prevention Organisation	22
	E١	MACE Sri Lanka	22
	Fa	mily Planning Association of Sri Lanka	22
	Нι	ımanitarian Brotherhood Foundation	23
	En	vironmental Protection and Community Development Centre	24
	IM	SO Sanwardhana Padanama	24
	Ins	stitute for Development of Community Strengths	25
	Int	egrated Health and Environmental Organization	25
	Ja	nasarana HIV/AIDS Prevention Service	26
	Κu	Indasale Community Development Foundation	26
	La	nka Mahila Samithiya	27
	La	nka Plus	27
	Mi	thuru Mithuro Movement	28
	Mo	onaragala Integrated Development Organisation	28
	Mo	other and Child Social Welfare Organisation	29
	Na	awayugam Social Development Forum	29

	Organic Environmental and Rural System Foundation	30
	Organization of Environment and Children's Right Promotion	30
	PCDSD Network	31
	Project Environment & Children Everywhere	31
	Plantation Human Development Trust	32
	Population Services Lanka	32
	Praja Sanwardhana Sansadaya	33
	Rural Friends	33
	Sabaragamuwa Janatha Padanama	33
	Sahanaya	34
	Sarvodaya	34
	Sewa Lanka Foundation	35
	Social Economic and Environment Development Organisation	35
	Sri Lanka Anti Narcotic Association	36
	Sri Lanka Association for Voluntary Surgical Contraception and Family Health	36
	Surasa Sanwardhana Padanama	37
	Child Rehabilitation Centre	37
	The Refugees Rehabilitation Organisation	38
	Uva Farmers Development Foundation	38
	Voice of Youth	39
	Wipotha Women's Welfare	39
	World View	40
	Young Men's Christian Association	40
Se	ction 3: International Non-governmental Organizations and United Nations Organizations	41
	Action AID international	41
	Food & Agriculture Organization	41
	FORUT International	41
	International Labour Organisation	41
	OXFAMGB	42
	Plan international Sri Lanka	42
	Salvation Army	43
	Save the Children in SL (SAVE)	43
	SOS Children Villages of Sri Lanka	43
	UNICEF	43
	UNFPA	44
	World Bank	44
	World Food Programme (WFP)	44
	World Vision	45

### **Background**

Sri Lanka is an island in the Indian sub-continent with a total population of approximately 19 million. Sri Lanka has already achieved the Millennium Development Goals in the areas of universal net primary school enrolment (96.4%), gender equality and infant and maternal mortality. The maternal mortality rate has been brought down to 60 per 100 000 live births while IMR stands at 11.6 per 100 000 live births. Child immunization rate for DPT and polio is 96.3%. Life expectancy at birth for males is 71.7 years while that for females is 76.4 years. The literacy rate of 92% is the second highest in Asia. English is widely spoken and studied as a compulsory second language in schools. Another remarkable achievement is maintaining a low adult HIV prevalence rate of less than 0.1% for the past two decades. Similarly, the total fertility rate of 1.9 lifetime births per woman and a population growth rate of 0.83 per cent per annum, are among the lowest levels in South Asian countries. The availability of free health care due to the emphasis placed on social welfare since independence and other interventions aimed at improving nutrition and family health are responsible for these achievements.

Since 1983, Sri Lanka has experienced a civil ethnic conflict in the Northern and Eastern provinces that has resulted in life-threatening and traumatic experiences for women and children. It is estimated that around 800 000 families have been displaced. In addition to the above catastrophic situation, Sri Lanka was one of the countries worst affected by the tsunami tragedy which struck on 26 December 2004, killing 30 000.

In this backdrop, the country has several challenges to sustain the remarkable social and health indicators.

### Situation Regarding Young People in Sri Lanka

Young people between the ages of 10-24 years comprise approximately 28% of the total population of 19.1 million in Sri Lanka. Of this, adolescence is the period of life extending from age 10 to 19 years and comprises nearly 19.7% of the total population of Sri Lanka which amounts to approximately 3.7 million. Of those approximately 2.7 million (72.9%) are reported to attend school.

Today the HIV/AIDS epidemic has devastated many countries and has greatly undermined social and economic development. The epidemic has forced national resources to be diverted from economic development to the health and social care of people with HIV/AIDS. In most countries, the epidemic is being driven by risky sexual and drug injecting behaviours of youth. Hence young people account for nearly half of all new infections worldwide. The adult HIV prevalence rate in Sri Lanka is <0.1%. It is how adolescents and youth understand and perceive the problem of HIV and their attitudes towards positive life styles that would predict the future of the epidemic in the country. Sri Lanka has given priority to prevention of HIV among adolescents and youth.

Biological, socioeconomic, literacy level, cultural and religious factors are among the important determinants of vulnerability of adolescents and youth to HIV infection. Urbanization, increased mobility, decline in family bonds, poverty, peer pressures are responsible for shaping young peoples' life styles. The increasing gap between the age at menarche and marriage has changed their life style too as the sexually active period before marriage is increasing. Adolescents from poor social backgrounds, school drop- outs, those without parental or family support, ones who have been sexually abused or exploited are at a higher risk of engaging in risky sexual practices and substance abuse which make them susceptible to HIV infection. As the HIV problem is still invisible in Sri Lanka, many young people do not believe that HIV is a threat to them. Although sexual development is a normal part of adolescent life, due to traditional cultural and religious norms it is taboo for adolescents and youth to discuss sexuality and issues pertaining to sexual matters with parents or teachers. Yet, premarital sex does take place between young women and men in both school-going and out-of-school youth. Some become sexually active early. A UNICEF survey records that the mean age for sexual debut for males was 15.3 years (SD 2.1 years) and for females 14.4 years (SD 2.6 years). About 22% of out-of-school adolescents admitted to sexual experience. Approximately 17% claimed to have had the experience with a friend, while 12% reported sex with commercial sex workers. In addition to planned sex,

sometimes adolescents are sexually abused and exploited. With incest being not uncommon, some young girls are forced into prostitution too.

The Government of Sri Lanka provides free education to children. Education of sexual and reproductive health is high on the agenda of the Ministry of Education. The Ministry of Education reports that in 2000 there were 10 338 state schools in the country with a student population of almost 4.3 million. Approximately 91.4% and 56.2% of Sri Lankan adolescents complete primary and secondary education respectively. This gives a great opportunity to educate young people on sexual and reproductive health before they begin their sexual life. Since adolescence is a transition period in which young people experiment with risky sexual practices and use of drugs and alcohol, providing information on sexuality, sexual and reproductive health and STD/ HIV/AIDS is pertinent. Reproductive health education together with life skills are integrated into the school curricula and offered throughout the school years from Grade seven. Through life skill education emphasis is given to support students to postpone first sex, and to ensure that when they do have sex, they follow safer sexual practices. Emphasis is also paid to respect mutual relationships which would free both boys and girls from the dangers of coerced or unwanted sex and enable them to feel comfortable in their relationships. The present curriculum is currently being updated by the National Institute of Education together with the National STD/AIDS Control Programme to give greater focus on prevention of STI.

To complement school-based sexual health education, similar programmes have been drawn up for youth clubs and vocational training institutions to promote safe sexual practices and empower them in decision-making and other life challenges towards positive living while protecting their rights.

In partnership with the National Youth Service Council a comprehensive prevention programme is being implemented for out-of-school youth and unemployed adolescents and youth in both urban and rural areas. Youth clubs which were in operation have been provided with programmes on sexual health and HIV/AIDS. Members of the youth clubs initiate projects in their own communities.

Peer leaders have been trained to reach out to adolescents and youth in order to provide information, build life skills, counsel and even distribute condoms. The Dangerous Drug Control Board assists the National Programme in educating drug users of the dangers of HIV/AIDS, particularly on the risk of injecting drugs. Some clubs have used sports events as a medium to communicate messages. Prevention programmes have always supported young people's participation without social and gender disparities.

Sexually transmitted infections including HIV/AIDS are associated with stigma, discrimination, embarrassment and denial. Hence adolescents (and young people) do not have access to services that meet their specific needs, In order to overcome these barriers the concept of "Youth Friendly Health Services" is acknowledged by the Ministry of Health. Through these institutions adolescents would be provided counselling and STI services.

Efforts have also been made to promote an increased response to marginalized adolescents (and young people) such as beach boys, street children and children in conflict-affected areas. It is reported that young boys living down the coastal belt provide sexual services to local and foreign paedophiles. The challenge remains to reach out to them and change their behaviours as selling sex for money is a trade due to poverty. Street children and those from families of low-income groups are also at risk because of stigma or their exposure to unprotected sex for exchange of money, food or even protection. The National Programme, together with the National Child Protection Authority has established five drop-in centres for such adolescents. Teachers of these centres have been trained to provide education to adolescents on HIV/ AIDS and skills to protect themselves from sexual coercion and sexually transmitted infections. Other groups who are difficult to reach are the adolescents and young people in the conflict- affected areas in the country. The war situation which has been prevailing over the last two decades has resulted in several adolescent and young people being confined to either refugee camps or homes where they have limited access to most services including health. During the period when the Cease Fire Agreement was enforced the National Programme worked in partnership with NGOs to reach them. Continuing these efforts would be a challenge in future due to escalating terrorist activities in the country.

Another social phenomenon observed in the country is migration of women for overseas employment. In 2004, 133 474 women migrated to the Middle East countries. The families left behind, especially young boys and girls, face numerous hardships. Some of them are lured into the sex trade whilst some are introduced to drugs. The National Programme, together with the Sri Lanka Foreign Employment Bureau, is carrying out a pilot project in a district in the North Central Province to target these families.

Prevention programmes for youth are being conducted in partnership with the Ministry of Education, National Youth Service Council (NYSC), National Child Protection Authority (NCPA), Dangerous Drug Control Board (NDDCB) and international and UN agencies such as UNICEF, UNFPA, WHO and the World Bank and several NGOs.

### Section 1

### **GOVERNMENT INSTITUTIONS**

### 1.1 Sectors

### National Youth Service Council, Ministry of Youth affairs

This institute is a legislative board established under the National Youth Services Act 69 of 1979 with several objectives. The HIV/AIDS Programme is incorporated with the following objectives of the main Youth Service Programme: developing and generating discipline, enthusiasm for national sentiments, and awareness of socioeconomic problems and their implications (as HIV/AIDS is a socioeconomic issue apart from a health issue). The programme encourages youth participation to the maximum. It promotes the establishment of youth organizations at the district level for youth welfare.

At the central level the Director-General of Youth Affairs heads the Council. Four Directors assist him. There is a provincial office in each of the nine provinces and 24 offices at the district level. There are 700 field officers working with youth on various programmes at the district level. Nearly 10 000 youth clubs have been formed island-wide. Around 400 000 young people in the age group of 15-24 years are involved with these clubs. Both in-school and out-of-school youth are included.

Name and designation of contact person :

Ms. Sumana Bandara Director (Development)

Address of institution: 65, High Level Road

Maharagama.

Telephone No: 2850986-87

Fax: 2850991
Geographical All islands

area of work:

Area of involvement: Creating awareness,

counselling services, advocacy, condom

promotion.

### Scope of work:

Incorporating sexual health and reproductive health and prevention of HIV/AIDS to the existing youth activities. Programme activities have commenced in three provinces. Advocacy for policy-makers has been completed. Peer educators are being trained in life skills, counselling skills for risk assessment and voluntary counselling and testing. Peers will also act as change agents and discuss condom use where and when it is appropriate. Peer educators will outreach to other members to make adolescents and youth aware of the risks of HIV infection, its transmission and non-transmission methods, prevention methods to bring about a change in attitudes and behaviours and also have access to STD and counselling services.

### **Future plan**

The project will be expanded to the other provinces.

### **Department of Prisons**

Name and designation Major Vijara

of contact person: Wijegunawardane

Commissioner General Address of institut

Address of institution: Prison Headquarters

Base Line Road Colombo 09.

Telephone No: 011 2691976

Fax: 011 2695206

Geographical Western Province

area of work:

### Scope of work

The Department of Prisons has signed a Memorandum of Understanding with the Ministry of Health to carry out HIV prevention programmes with the objective of providing prisoners with information on sexual health, STD/HIV/AIDS and substance abuse in order to promote healthy life skills including condom use among them while in prison and after entering the society. A large group of adolescents and young men and women are imprisoned for drug abuse and trafficking and this is an ideal opportunity to help them to change their behaviours.

The Department also provides vocational training for young women who are imprisoned for being involved in the sex trade. These women are trained in various vocations of their choice while in prison so that they can find an alternative employment once they leave the prison.

Prisons officers have been trained in counselling on sexual health and HIV/AIDS. A group of peer prisoners is being trained to discuss sexuality, sexual health, HIV/AIDS, condom use and dangers of injecting drug use among prisoners.

Medical officers of prisons' hospitals are being trained in syndromic management of STI to provide care for prisoners.

### **Ministry of Fisheries and Ocean Resources**

Name and designation Mr M.D. Gunawansa of contact person : Senior Asst. Secretary

Address of institution: Secretariat Maligawatte

Colombo 10.

Telephone No: 011 2329440

011 2446183-5

Fax: 011 254184

Geographical North and East Province, area of work: Southern, Western,

North Western Provinces

### Scope of work

The Ministry of Fisheries and Ocean Resources has signed a Memorandum of Understanding with the Ministry of health for HIV prevention among fishing families. There is a large group of adolescents and youth in fishing communities. Awareness, behavioural change communication, condom promotion, counselling, peer education, linking to STD services are some of the activities that have been identified. Awareness programmes have just commenced.

# Sri Lanka Foreign Employment Bureau, Ministry of Labour

The Sri Lanka Foreign Employment Bureau (SLFEB) is a public corporation established by an Act of Parliament in 1985 to undertake the following: -

- Promote employment of Sri Lankans outside the country.
- Regulate operations of licensed foreign employment agents
- Ensure protection and welfare of Sri Lankans employed abroad and their families.

At the central level is the Chairman of the Bureau with a Board of Directors. There are provincial officers to assist the central office.

Name and designation Mangala Randeniya

of contact person : Sociologist Address of institution: 234, Dencil

Kobbekaduwa Mawatha

Koswatta, Battaramilla.

Telephone No: 011 2864101-5
Fax: 0112864136-7
Email: chmn@slbfe.lk

m randeniya@yahoo.com

Website: www.slbfe.lk

Geographical Districts of area of work: Anuradhapura,

Kurunegala, Colombo, Galle and Kandy

### Scope of work

To serve the third objective of the mission, SLFEB is involved with providing education on adolescent sexual health, reproductive health and knowledge on HIV/AIDS prevention for prospective migrant workers, spouses of female domestic migrants and their families. The Medical officer of Health, Medical Officer of the local STD clinic, health promotional lecturer and trained instructors are involved in this life skills development programme. Young volunteers and peers have been trained in life skills to reach out to adolescents and youth members of migrant families. Human Resources Development Assistants who have been deployed to the districts

and government public health midwives assist volunteers and peers to reach out to adolescents and youth in these families. The Medical officer of Health and Medical Officer of the STD clinic provide counselling services.

### **National Child Protection Authority**

Name and designation Padma Wettawa of contact person : Chairperson

Address of institution: 330,

Thalawathugoda Road,

Madiwela

Sri Jayawardhanapura.

Telephone No: 011 2778911-13

Fax: 011 2778915

Geographical North Central province, area of work : Southern, Western

Province

### Scope of work

Provides legal support for children's right issues. Maintains six drop-in centres in Colombo, Gampaha, Anuradhapura, Tangalle, Kalutara and Galle. Conducts awareness programmes for adolescents and their parents.

### 1.2 Youth Friendly Health Services

# **Youth Friendly Health Services, Country Focal Point**

Name and designation Dr Deepthi Perera of contact person : Director - Youth,

Elderly and Disabled Ministry of Health.

Address of institution: No. 385,

Rev. Baddegama Sri Wimalawansa mawatha, Colombo 08.

Telephone No: 011 2694860

# Negombo Base Hospital, Youth Friendly Health Services

Name and designation Dr S. Kasthuriarachchi

of contact person : Medical officer

Adolescent clinic

Address of institution: Base Hospital,

Negombo.

Telephone No: 031-2224156

Fax: 031-2243325

Geographical Negombo in Western

area of work: Province

### Scope of work

Youth Friendly Health Service is being conducted in the hospital OPD for adolescents and youth. It provides information on sexual health and HIV/ AIDS. Condom promotion and distribution is incorporated into the programme. Counselling services are available. Linkages are established with STD services.

# Kalutara General Hospital, Youth Friendly Health Services

Name and designation Senior medical officer,

of contact person: OPD

Address of institution: G.H. Kalutara,

Kalutara.

Telephone No: 034-2222261

Fax: 034-2222449

Geographical Kalutara in Western

area of work: Province

### Scope of work

Youth friendly health service is being conducted in the hospital OPD for adolescents and youth. It provides information on sexual health and HIV/ AIDS. Condom promotion and distribution is incorporated into the programme. Counselling services are available. Linkages are established with STD services.

# **Colombo South, Teaching Hospital, Youth Friendly Health Services**

Name and designation Senior Medical officer,

of contact person: OPD

Address of institution: Teaching Hospital

Kalubowila.

Telephone No: 011 24200898

Geographical

Western Province

area of work:

Area of involvement: Creating awareness,

counselling services, provision of treatment, advocacy, condom

promotion

# **Colombo North, Teaching Hospital, Youth Friendly Health Services**

Name and designation Senior Medical officer,

of contact person: OPD

Address of institution: Teaching Hospital,

Ragama.

Telephone No: 011 2959261

Fax: 011 2959266

Geographical area of work:

Western Province

Area of involvement:

counselling services, provision of treatment, advocacy, condom

Creating awareness,

promotion

# Gampaha General Hospital, Youth Friendly Health Services

Name and designation M.O.i/c/OPD, of contact person : Gampaha B.H.

Address of institution: General Hospital

Gampaha.

Telephone No: 0332222261

Geographical

area of work:

Western Province

Area of involvement: Creating awareness,

counselling services, provision of treatment, advocacy, condom

promotion

### 1.3 Infectious Diseases Hospital

### **Angoda, Infectious Diseases Hospital**

Name and designation Ananda Wijewickrama of contact person : Consultant Physician

Dr A. Senanayake,

M.O.i/c

Address of institution: Fever Hospital, Angoda

Telephone No: 011 2411284

Fax: 011 2410031

Geographical Serves as a referral area of work : hospital to all infected

persons.

Area of involvement: Provision of inward care

and treatment for HIV-infected persons.

# 1.4 Sexually Transmitted Disases Clinics of the Ministry of Health

### **Available services**

- Prevention of STD/HIV
- Comprehensive STD management
- Management including provision of ART and follow-up of HIV/AIDS patients
- Condom Promotion and distribution
- HIV & and STI surveillance
- Counselling

Prevention programmes are targeted to the high-risk groups such as commercial sex workders, drug users and men who have sex with men and other vulnerable groups such as transport workers, factory workers as also the gernral population and adolescents and youth. These programmers consist of information, education and communication. behavioural change communication and counselling.

**Western Province** 

Colombo, Central STD Clinic

Name and designation Dr N. Edirisinghe

of contact person : Director

National STD/AIDS

Control Porgramme

Consultants: Dr K. Senanayake

(Venereologist)

Dr I Abeyewikrame

(Venereologist)

Dr S Samarakoon (Venereologist)

Dr K Buddhakorale (Venereologist)

Dr K A M Ariyaratne (Venereologist)

Dr C D Wickramasuriya

(Venereologist)

Dr S Mananwatta (Microbiologist)

Dr S Beneragama (Epidemiologist)

Address of institution: No. 29,

De Saram Place,

Colombo 10.

Telephone No: 011 2667163 (General)

011 2667029 (General) 011 2695183 (Director) 011 2696433 (Office)

Fax: 011 5336873 (Director)

011 2696433 (Office)

Colombo South, STD Clinic

Name and designation Dr (Mrs) L. Rajapakse of contact person : Consultant Venereologist

Address of institution: Teaching Hospital,

Kalubowila.

Telephone No: 011 4200898

Fax: 011 4547567

Email: stdkalubowila@sltnet.lk

Colombo North, STD Clinic

Name and designation Dr G. Weerasinghe

of contact person : Consultant

Venereologist

Address of institution: Teaching Hospital,

Ragama.

Telephone No: 011 2960224

Fax: 011 2960224

Email: stdragama@sltnet.lk

Negombo, STD Clinic

Name and designation Dr L. Halahakoon

of contact person: MO/STD

Address of institution: Base Hospital,

Negombo.

Telephone No: 031-2224156

Fax: 031-2224156

Kalutara, STD Clinic

Name and designation Dr Sriyantha de Silva

of contact person: MO/STD

Address of institution: Base Hospital,

Kalutara.

Telephone No: 034-2236937

Fax: 034-2236937

**Central Province** 

Kandy, STD Clinic

Name and designation Dr Ganga Patirana of contact person : Consultant Venereologist

Address of institution: 207, Keppitipola

Mawatha,

Hospital Complex,

Kandy.

Telephone No: 081-2203622

Fax: 081-2203622

Matale, STD Clinic

Name and designation Dr P. Abeywarna

of contact person: MO/STD

Address of institution: District General

Hospital, Matale.

Telephone No: 066-2222261

Balapitiya, STD Clinic

Name and designation Dr Sarath Nihal

of contact person : MO/STD

Address of institution: Base Hospital,

Balapitiya.

Telephone No

Fax

Hambantota, STD Clinic

Name and designation Dr L.K.H.M. Jayaruwan

of contact person: MO/STD

Address of institution: Base Hospital,

Hambantota.

Telephone No: 047-2222247

Fax: 047-2222247

Nuwara Eliya, STD Clinic

Name and designation Dr H.A.C.W. Appuhamy

of contact person: MO/STD

Address of institution District General

Hospital, Nuwara Eliya.

Telephone No: 052-2234393

**North Western Province** 

Kurunegala, STD Clinic

Name and designation Dr K.G.S. de Silva

of contact person: MO/STD

Address of institution: Teaching Hospital,

Kurunegala.

Telephone No: 037-2224339

Fax: 037-2224131

Email: stdkurunegala@sltnet.lk

**Southern Province** 

Galle, STD Clinic

Name and designation Dr (Mrs) Manel Devasiri

of contact person: MO/STD

Address of institution: General Hospital,

Mahamodera

Galle

Telephone No: 091-2245998

Fax: 091-2245998

Chilaw, STD Clinic

Name and designation 
Dr Upul Jayathilaka

of contact person: MO/STD

Address of institution: General Hospital,

Chilaw.

Matara, STD Clinic Telephone No: 032-2220750

Name and designation Dr (Mrs) K.A. Ratnayake Fax: 032-2221338 of contact person: MO/STD

Address of institution : General Hospital, Email : stdchilaw@sltnet.lk

Matara.

Telephone No: 041-2232302

Fax: 041-2232302

### **North Central Province**

### Anuradhapura, STD Clinic

Name and designation Dr Azmi Thaibudeen

of contact person: MO/STD

Address of institution: General Hospital,

Anuradhapura.

Telephone No: 025-2236461

Fax: 025-2236461

### Polonnaruwa, STD Clinic

Name and designation Dr (Mrs) I. Peiris

of contact person: MO/STD

Address of institution: General Hospital,

Polonnaruwa

Telephone No: 027-2222384

Fax: 027-222384

### Sabaragamuwa Province

### Ratnapura, STD Clinic

Name and designation Dr (Mrs) D. Wattearachchi

of contact person : MO/STD

Address of institution: General Hospital,

Ratnapura.

Telephone No: 045-2225396

Fax: 045-2224765

### **Kegalle, STD Clinic**

Name and designation Dr (Mrs) N.M. Baminiwatte

of contact person: MO/STD

Address of institution: Teaching Hospital,

Kegalle.

Telephone No: 035-2231322

Fax: 035-2231322

Email: stdkegalle@sltnet.lk

### **Uva Province**

### Badulla, STD Clinic

Name and designation Dr Mahinda Perera

of contact person: MO/STD

Address of institution: General Hospital,

Badulla.

Telephone No: 055-2222578

Fax: 055-2222578

### Mahiyangana, STD Clinic

Name and designation Dr K. Brendra of contact person : MO/STD

Address of institution: Base Hospital

Mahiyangana

Telephone No: 055-2257262

### Monaragala, STD Clinic

Name and designation Medical Officer of contact person : STD Clinic

Address of institution : Base Hospital

Monaragala

Telephone No: 055-2276261 Fax: 055-2276700

### **North and East Provinces**

### Jaffna, STD Clinic

Name and designation Dr K. Ratnasingham of contact person: MO/STD (Acting)

Address of institution: Teaching Hospital,

Jaffna.

Telephone No: 021-2222245

Fax: 021-2222245

### Vavuniya, STD Clinic

Name and designation Dr (Mrs) C. Kirubakaran

of contact person: MO/STD

Address of institution: General Hospital,

Vavuniya.

Telephone No: 024-2224575

### Mannar, STD Clinic

Name and designation Dr D.H. Liyanage

of contact person: MO/STD

Address of institution: District General

Hospital, Mannar.

Telephone No: 023-2232261 Fax: 023-2232261

### Trincomalee, STD Clinic

Name and designation Dr (Mrs) M. Dayalini

of contact person: MO/STD

Address of institution: General Hospital,

Trincomalee

Telephone No: 026-2222261

### **Batticaloa, STD Clinic**

Name and designation Dr A. Siriwardena

of contact person: MO/STD

Address of institution: Teaching Hospital,

Batticaloa

Telephone No: 065-2222261

### Ampara, STD Clinic

Name and designation Medical Officer of contact person : STD Clinic

Address of institution: General Hospital,

Ampara.

Telephone No: 063-2222261

### Kalmunai, STD Clinic

Name and designation Dr A.R.M. Haris

of contact person : MO/STD,

Address of institution: DPDHS Office,

Kalmunai.

Telephone No:

### Section 2

### LOCAL NONGOVERNMENTAL **ORGANIZATIONS**

### **Alcohol and Drug Information Centre**

Pamodini Wijenayake Name and designation of contact person: **Executive Director** 

Address of institution: No. 40/8, Park Road

Colombo 05.

Telephone No: 011 2584416

Fax: 011 2508848

Email: infor@adicsrilanka.org.

Geographical All islands

area of work:

Area of involvement: Creating awareness,

advocacy, condom promotion, research,

counselling

### Scope of work

Creating awareness on adverse effects of substance use among adolescents and youth. Providing information through an information centre. Been involved in creating awareness among adolescents and youth on STD and HIV/AIDS which includes condom promotion and counselling. Advocacy to school principals and opinion leaders on the importance of addressing HIV/AIDS among young people Involved in research on substance abuse among young people. Has developed several IEC material on substance abuse and HIV/AIDS.

### **Alliance Lanka**

Name and designation Mrs Swarna Kodagoda of contact person: **Executive director** Address of institution: No. 33D Ceylinco

Nivasa

Santhanampitiya Rd

Embuldeniya, Nugegoda.

Telephone No: 011 2833908

011 5679582

Geographical

All islands area of work:

Area of involvement: Creating awareness,

> advocacy, condom promotion, research

### Scope of work

Alliance Lanka is a pioneering NGO in the field of HIV/AIDS. The organization has been creating awareness and sensitizing on HIV/AIDS among a variety of target groups including adolescents and youth. Has been involved in school programmes on promoting sexual health, advocacy to school principals, factory owners and prisons officials on preventing HIV. Has worked in prison involving young men who are drug offenders. A sex worker project was carried out which involved counselling and testing. Condom promotion is one component of the prevention activities. Has carried out research on knowledge on STD/HIV/AIDS among various groups. Has also helped several small NGOs and community-based organizations in building their capacity to address HIV prevention issues. Has developed several IEC material on HIV/AIDS.

### **Arunalu Community Development Foundation**

Name and designation Mr Ranjith Attapattu

of contact person : President Address of institution : No. 30/4,

Beddawala Road,

Hambantota.

Telephone No: 047-2240371

Geographical Hambantota, Southern

area of work: Province

Area of involvement: Creating awareness,

advocacy.

### Scope of work

Unemployment and insecurity are prevalent in this community. Since it is in the coastal belt of the country it covers fishing communities. Work has involved educating adolescents and youth on sexual and reproductive health including HIV/AIDS.

Volunteers have been trained to carry out awareness and provide and promote condoms among those vulnerable to HIV. Will be scaled up to peer education training.

# Arunalu Drug Prevention and Community Development Centre

Name and designation Mr Lionel Perera

of contact person : Director

Address of institution: No. 10, 3rd Lane,

Samandewa Road Aluvahare Matale.

Telephone No: 045-2275576

Fax: 045-2274363

Geographical Matale, Central

area of work: Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

Awareness and condom promotion among out-ofschool youth have been carried out over several years. Has targeted youth attending tutor classes who are difficult to reach. Has worked in some of the schools in the district of Matale supporting school health clubs. Development of IEC material such as handouts, posters, power point presentations. etc.

### **Association of Village Reawakening**

Name and designation Dr Jayawardena of contact person : Chairman

Address of institution: 131, Rosline Watta

Panawala Road Eheliyagoda.

Telephone No: 045-2262497

Fax: 045-2228650

Geographical Rathnapura, area of work: Sabaragamuwa

Province

Area of involvement: Creating awareness,

advocacy, condom

promotion

### Scope of work

Awareness on sexual and reproductive issues and HIV/AIDS among young men and women in factories.

Advocacy for factory owners. Development of IEC material such as handouts, power point presentations

### **Athugalpura Foundation**

Name and designation Mr. M.H.B.K.M. Bandara

of contact person : Chairman
Address of institution : 218/21 G,

Colombo Road Kurunegala

Telephone No: 037-2222237

Geographical Kurunegala, North area area of work: Western Province

Area of involvement: Creating awareness,

advocacy, condom

promotion

### Scope of work

The organization has been working with restaurant owners in the district. Young men and women work in these restaurants. They have been given information on sexual and reproductive health and HIV/AIDS. Owners and workers are promoted to sell condoms in their establishments as people use these restaurants for sexual activities.

A few programmes have been conducted for sex workers. A number of women in this area migrate for foreign employment and young girls of those families work as sex workers. Trishaw drivers also have been targeted by the organization.

Developed IEC material such as handouts.

### **Christian Children Fund**

Name and designation Gamini Pinnalewatte of contact person : Technical coordinator

Address of institution : No. 48, Wajira Road

Colombo 04.

Telephone No: 011-2501238

Geographical Polonnaruwa, North area of work : Central Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

This district is a fairly underserved area. In addition, it is close to the conflict- affected areas in the country; as a result, most services do not reach the people. In an effort to bring focus to STD/HIV/AIDS, and reproductive health school programmes were carried out in 47 secondary schools in the district with the support of medical officers of health and the medical officer of STD clinic. IEC material - handouts, power point presentations.

### **Community Concern Society**

Name and designation Ms Sriyani Tidball

of contact person: (CEO)

Address of institution: 15/4 A, Aponso Avenue

Deiwala

Telephone No: 2721820

Fax: 2721820

Email: ccsl@sltnet.lk

Geographical Colombo, Western area

area of work: Province

Area of involvement: Creating awareness

### **Community Development Services**

Name and designation Kamanee Hapugalle of contact person : Executive director

Address of institution : No. 3, Cassele Avenue

Colombo 08.

Telephone No: 2697731, 2697731

Fax: 2688055

Email: cds@urek.lk

Geographical area of work:

All islands

Area of involvement: Creating awareness,

counselling services, advocacy, condom promotion, research

### Scope of work

The organization has been involved with advocacy for administrators of Board of Investments in the Free Trade Zone. The majority of factory workers are young women in the 18-24 year age group who migrate from rural villages. They find it difficult to adjust to the urban environment. Being away from traditional homes make them vulnerable to risky sexual behaviours and alcohol and drug use. The organization has worked very closely with those visiting boarding houses. Has focused on activities such as creating awareness, condom promotion and linking to government STD services. Has conducted programmes to build the capacity of small CBOs.

A successful project for female sex workers was carried out two years ago.

The organization has taken steps to create a group of people who are HIV- infected. This group called LANKA PLUS is given office space in this organization and also provided financial support for transport and nutritional support to PLWAs.

### **Community Development Centre**

Name and designation Mr Dayananda Rajapakse

of contact person: Director

Address of institution: No. 22, Wan Ela Idama,

New Town, Anuradhapura.

Telephone No: 025-5672612

Fax: 071-4263285

Geographical Anuradhapura, North area of work : Central Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

Advocacy and awareness programmes for threewheel drivers and restaurant owners as they are support groups for the sex trade.

IEC material - hand outs.

### **Community Development Foundation**

Name and designation Mr Rasik of contact person : Director

Address of institution: Kollankuttigama,

Maradankadawala.

Telephone No: 025-2269924

Geographical Anuradhapura, North area of work : Central Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

The district of Anuradhapura is close to the waraffected Northern Province and is a transit point for soldiers. There are two army and air force camps housing several hundreds of soldiers as there are approximately 50 000 soldiers in the conflictaffected areas. Soldiers travelling to other areas of the country transit here and spend some leisure time. Several sex workers have moved to this area and sex trade is going on in some non-brothelbased houses which are difficult to reach. In addition there are motels where sex trade is practised. Most of the sex workers are young women between the ages of 16-24 years. The organization has been able to reach out to some of these establishments and introduced the subject of STD/HIV/AIDS to sex workers. Condoms have been provided to them and they have been linked to government STD services. Motel owners have been educated on 100% condom Use.

### **Community Health Foundation**

Name and designation Dr H.R.S. Keerthisinghe

of contact person: President

Address of institution: Sahana Sevana

8, Hekitta Lane, Wattala

Telephone No: 2942655

Email: relief@slt.lk

Geographical Anuradhapura, North area of work : Central Province Negombo, Western

Province

Area of involvement: Creating awareness,

counselling services, advocacy, condom promotion, research

### **Community Oriented Resource Exchange**

Name and designation Mr Sunil Poddeniya

of contact person : Chairman

Address of institution : Wedawatta,

Meegahatenna.

Telephone No: 034-2284209

Geographical Kalutara, Western area

area of work : Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

School children and school leavers have been the target group. Advocacy for school principals and teachers was conducted. School programmes were conducted with the support of the medical officer of health and the medical officer of the STD clinic.

Since there are a number of trishaw drivers in the area, most of whom are young adults, prevention programmes were extended to them as well. Some of them were trained as peers to reach out to other trishaw drivers as they are believed to be a support group for the sex trade. They were given skills in condom use and were also used in distributing condoms.

There are several industries in the district where young girls and boys find employment soon after leaving school. The organization has conducted several awareness programmes on sexual and reproductive health and HIV/AIDS. Safer sexual behaviours were discussed together with risks of infection in small discussion groups.

IEC material - handouts, power point presentations.

### Companions on a Jorney

of contact person:

Name and designation Sherman De Rose

Address of institution: No. 46/50, Robert Drive,

Robert Gunawardhana Mawatha, Colombo 05.

Ex. Director

Telephone No: 2514680, 075557660

Fax: 2514680

Email: Sherman@sri.lanka.net

Geographical All islands

area of work:

Area of involvement: Creating awareness,

counselling services, advocacy for gay rights,

research

### Scope of work

The organization has been involved in HIV/AIDS for the last 15 years and is the only one for men who have sex with men (MSM).

School education programmes on HIV/AIDS were carried out with medical officers of STD clinics and medical officers of health in the district of Kandy. Condom promotion among MSM.

Completed a successful project for MSM in the district of Anuradhapura in collaboration with the local STD clinic staff.

Counselling services are available by counsellors trained by the National Programme.

A telephone hot line was operated three years ago.

# **Drug Prevention and Environmental Prevention Organization**

Name and designation Mr Ranathunge

of contact person : Director

Address of institution: Sisilasa

Dehiattakandiya

Telephone No: 027-2250339

Geographical Ampara, North East

area of work: Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

Area where constant terrorist activities take place. Awareness programmes for taxi drivers and fishermen were carried out.

IEC Material - Handouts

### **EMACE Sri Lanka**

Name and designation Ms Nimanthi Samarathunge of contact person : Project Assistant

Address of institution: 1/72, Sri Rahula

Mawatha, Katubedda,

Moratuwa.

Telephone No: 011-2611857

Geographical All Islands

area of work:

Area of involvement: Creating awareness,

advocacy, condom

promotion

### Family Planning Association of Sri Lanka

Name and designation Mr Gamini Wanasekera of contact person : Executive Director

Address of institution : 37/27, Bullers Lane

Colombo 07.

Telephone No: 94-11-2584153,

94-11-2584157, 94-11-2584203

Fax: 94-1-2580915

Email: info@fpasl.org

Website: www.fpasl.org

Geographical Island wide

area of work:

Area of involvement: Awareness, advocacy,

skills building, counselling, social marketing of condoms, family planning clinic

services.

### Scope of work

The Family Planning Association of Sri Lanka (FPASL) was established in 1953 as a non-governmental organization and has pioneered family planning promotion in Sri Lanka. As one of the largest family planning and reproductive health NGOs in the country, it seeks to promote multiple aspects of reproductive health and wellbeing in Sri Lanka. The goal is to add value to the determinants of health and wellbeing and shape the quality of people's lives.

FPASL's Youth Counselling Centre was established with the objective of providing guidance and counselling services to young people in the area of sexual and reproductive health. Thus the Centre fulfils a most important unmet need in this country. It also provides training facilities and space for youth to hold meetings and engage in open discussions. The Centre is being used by schools as study tour spots. It also gives the opportunity for school children to collect information for their RH school projects.

"Praja Shanthi" is a community-based project established to get increased commitment and accountability for sexual and reproductive health rights for young people. It ensures that they are provided with information regarding correct knowledge, positive attitudes for better living, adoption of safer sexual behaviours and practices, gender sensitivity and helps to dispel stigma and discrimination. This project involved 50 schools in 9 districts. Community-based organizations were involved throughout the project.

FPASL has provided national leadership in developing youth-friendly and gender-sensitive approaches in close collaboration with FPA youth committees.

"Youth Caravan" is an information resource for those interested in the work of youth. In addition it carries interesting articles, short stories and activities for young adults, youth and other types of readers. The "Youth Caravan" magazine is to be published once a quarter. The next issue will be out in December 2005. Currently the magazine is available in Sinhala only but the next issue will be published in the Tamil language as well.

In 1993, the Social Marketing Programme for contraception in Sri Lanka began selling condoms under the brand name "Preethi" which has become a household name today. As of today, around 9 million units are distributed annually through 8000 outlets distributed islandwide. The oral contraceptive named "Mithuri" is one of the popular choices of contraception and sales exceed 800 000 cycles annually. In 1998, the emergency contraceptive pill – Postinor 2 was introduced. The daily clinical services of FPA provide facilities for examination, counselling for family planning services and provision of contraceptives. It also provides opportunities for counselling in HIV/ AIDS.

### **Humanitarian Brotherhood Foundation**

Name and designation Mr A.M.M. Mashoor of contact person : Project Director

Address of institution : Chetty Street,

Kalpitiya.

Telephone No: 032-2260874

Geographical Mannar in North East

area of work: Province

Area of involvement: Creating awareness,

condom promotion,

research

### Scope of work

Mannar is a district in the conflict affected area. With the ongoing war several families have been displaced and they are living in refugee camps. Health services are very poor and people are subjected to stress of living in these conditions in addition to the threat of war and landmines.

There are several adolescents and young people in these camps. The organization has been able to provide them with knowledge on reproductive health and sexual health including STD/HIV/AIDS. Young men and women have been included in group discussions where their vulnerability to STD is being addressed. When living in such difficult situations sexual exploitation, drug and alcohol use is inevitable. Therefore the organization is working very closely with these IDP.

IEC material - handouts

# **Environmental Protection and Community Development Centre**

Name and designation Sanjaya Siriwardhana,

of contact person : Director

Address of institution: No. 9/44, Gampola Road

Nawalapitiya.

Telephone No: 0777 6139763

Fax: 078-8716671

Geographical Kandy in Central area

area of work: Province

Area of involvement: Creating awareness,

condom promotion,

research

### Scope of work

The Centre worked with school children supporting adolescent and reproductive health wellbeing. Main focus has been on creating awareness on HIV/AIDS /STD among them and breaking the silence in introducing HIV discussions in school health talks.

Kandy being one of the highly commercialised districts next to the capital city of Colombo, the number of traders is increasing. During the last two years the Centre has worked with street traders who in the majority are out-of-school youth. Due to economic constraints and increasing unemploymed youth who leave school are unattended for a period until they find suitable employment. During this interim period youth start tea kiosks and small business like pavement hawking. STD/HIV/AIDS awareness programmes were carried out for them where condom promotion was addressed in a sensitive manner.

IEC material - handouts, posters for schools.

### **IMSO Sanwardana Padanama**

Name and designation Mr Lalith Thibbatuwa

of contact person : Director Address of institution : 264/1B,

Dikkohupitiya, Hettimulle Kegalle.

Telephone No: 035-2232442

Geographical Kegalle

area of work: Sabaragamuwa

Province

Area of involvement: Creating awareness,

condom promotion.

### Scope of work

Young men who are involved in minor trading as pavement traders and working in guest houses were targeted by the organization. Programmes on creating awareness on sexual health and HIV/AIDS were carried out with emphasis on safer sexual behaviours and the importance of voluntary counselling and testing. Issues on stigma and discrimination were also included in the discussions.

Guest house owners were also educated through advocacy programmes as illegal sex takes place in these places. Several awareness programmes were carried out in Kegalle prison. Young prisoners are very often the ones who have been involved in substance abuse. They are either imprisoned for trafficking drugs or have been involved in thefts and burglaries to find money for drugs. The importance of giving up drug addiction habits and the risk of HIV infection among injecting drug users in other countries were focused.

IEC material - handouts, power point presentations.

# Institute for Development of Community Strengths

Name and designation Mr Condred Ranawaka

of contact person : Chairman

Address of institution: 40A, Akuressa Road,

Nupe, Matara.

Telephone No: 041-2223900

Geographical Matara in Southern

area of work: Province

Area of involvement: Creating awareness,

condom promotion,

Advocacy

### Scope of work

Advocacy programmes for school principals and teachers and for the armed forces have been carried out.

Several programmes for school and out-of-school youth on awareness on STD/ HIV/AIDS were carried out. Small group discussions on risky sexual behaviour, alcohol and drug use have been carried out with demonstrations on proper condom use.

Few young women who have been in the sex trade have been targeted for programmes where they were taught to identify signs and symptoms of STD/HIV and the risks of pregnancy. They were trained in proper use of condoms and condom negotiation skills. Condoms were also provided to them. However it was difficult to sustain this programme.

# Integrated Health and Environmental Organization

Name and designation Nazeer Ahamed

of contact person : Director

Address of institution: No. 09, Poles Road

Puttalam.

Telephone No: 032-2265106

Geographical Puttalam in North area of work : Western Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

Several young men and women soon afterleaving school find employment in the factories in this district. The organization has conducted advocacy programmes for factory owners and awareness programmes for young men and women on sexual health and HIV/AIDS. Stigma associated with HIV and condom use have been addressed and also attitudes at work place for those infected including rights of PLWA at their workplace.

IEC material - handouts, power point presentations.

### Janasarana HIV/AIDS Prevention Service

Name and designation Alan Obesekara

of contact person : Director

Address of institution: 8/1/2, Kirigalpotta,

Palapathwela, Matale

Telephone No: 066-224414

Fax: 066-222459

Geographical Matale in Central

area of work: Province

Area of involvement: Creating awareness,

advocacy, condom

promotion

### Scope of work

In the district of Matale there are several small restaurants, lodges and spice gardens. This is an area which attracts tourists. Most of the workers are young men and women who take job as a temporary measure as they leave school. STD/HIV/ AIDS awareness programmes have been carried out. Owners of these establishments also have been involved in advocacy programmes.

IEC material - handouts

# Kundasale Community Development Foundation

Name and designation Anuradhap Basnayake

of contact person : Chairman Address of institution : No.461,

Nawayalatenna,

Katugastota

Telephone No: 081-4971525

Fax: 081-2497247

Geographical Kandy in Central

area of work: Province

### Scope of work

Target group has been the families of Middle East migrants. When mothers migrate to Middle East countries as housemaids very often there are adolescent girls and boys who are left behind without parental supervision. STD/HIV/AIDS awareness was introduced to them. Lessons on how to protect themselves from sexual exploitation in the hands of sometimes family members and outsiders have been addressed in these programmes.

Youth volunteers were trained to talk about HIV and vulnerability to infection and protection methods, adverse effects of drug and alcohol in youth clubs. Youth volunteers are reaching out to the youth in the plantation sector.

IEC material - handouts.

### Lanka Mahila Samithiya

Name and designation Ms Thilaka Perera, of contact persons : Ms. Swarna Premarathna

Address of institution: 123, Sir James Peiris

Mawatha Colombo 02.

Telephone No: 2424060

Fax: 2888395

Geographical Island wide

area of work:

### Scope of work

During the last 10-15 years, Lanka Mahila Samithiya has been involved in adolescent and reproductive health programmes in association with UNFPA. The organization has trained many youth volunteers to carry the message of HIV to young people. Volunteers are trained to discuss reproductive and sexual health issues when they gather for other programmes such as nutrition, savings.

During the last two years, the organization has been working very closely with the World Bank-assisted National STD/AIDS Control Programme targeting police officers and their families. Adolescent and young children of these families are given education on STD/HIV/AIDS. Group discussions focus on risk assessment and protection from infection including condom use.

Advocacy for high-ranking police officers was carried out in order to get support for prevention programmes and also to reduce stigma and discrimination of sex workers. Another objective is to encourage police officers to come forward for voluntary counselling testing. Counsellors have been trained for this purpose.

IEC material - handouts, power point presentations

### Lanka Plus

Name and designation Mrs Princi Mangalika

of contact person : Secretary

Address of institution: Lanka Plus,

Castle Avenue Colombo 08.

Telephone No: 011 4901692

Email: srilankaplus@yahoo.com

Geographical All islands

area of work:

Area of involvement: Creating awareness,

advocacy. condom

promotion

### Scope of work

The only organization of people living with AIDS, Lanka Plus was established five years ago and is carrying out educational programmes for youth, drug users and commercial sex workers. Counselling services are available. Members actively take part in programmes carried out in private sector workplaces.

### **Mithuru Mithuro Movement**

Name and designation Mr Ranjith Perera

of contact person: Director

Address of institution: Mithuru Mithuro

Sevena,

Rilhena, Palmadulla.

Telephone No: 045-2274363

Fax: 045-227557

Geographical Colombo, Ratnapura in

area of work: Western and

Sabaragamuwa

**Provinces** 

Area of involvement: Creating awareness,

counselling services,

condom promotion

### Scope of work

The main focus has been on prevention of drug abuse among adolescents and youth. For over a decade the organization has been involved in preventing drug abuse and rehabilitating youth who are addicted to drugs and alcohol. Focused on HIV/AIDS and the risks of switching from inhalation to injection. Advantages of condom use are being addressed. Counselling services are provided through trained counsellors.

# Monaragala Integrated Development Organization

Name and designation Mr M.M. Wijayasena of contact person : Project coordinator

Government Sports Club Building,

Siri Wijeyapura Road,

Moneragala.

Telephone No: 055-2277159

Address of institution:

Geographical Moneragala in Uva

area of work: Province

Area of involvement: Creating awareness,

counselling services, condom promotion

### Scope of work

Has been involved in awareness programmes for school children and out-of school youth. Advocacy programmes for school principals and teachers.

IEC material - handouts

# Mother and Child Social Welfare Organization

Name and designation Z.M. Aliyar of contact person : Technical Advisor

Address of institution: Eroza Menzil Aliyar

Moulavi Road Ninthavur 12.

Telephone No: 067-2250504

Fax: 067-2251055

Geographical Ampara in North East

area of work: Province

Area of involvement: Creating awareness,

counselling services, condom promotion

### Scope of work

Adolescent and sexual health programmes for out-of-school youth were conducted. This is a difficult area to work due to terrorist activities. In addition, due to the tsunami several families have been affected.

IEC material – handouts, overhead presentations.

### **Nawaugam Social Development Forum**

Name and designation Micheal Raj

of contact person : Technical Coordinator
Address of institution : 140/3, Main Street,

Norwood.

Telephone No: 051-2222761

Geographical Nuwara Eliya, Central

area of work: Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

The organization is working with the plantation community. Estate superintendents and health personnel were given advocacy programmes. Adolescents and youth in the plantation area have limited access to information on STD/ HIV and sexual health. Awareness programmes and small group discussions have been carried out. Messages have been tailored not to disrupt traditional ethnic and religious values.

IEC material - handouts, video films

# Organic Environmental and Rural System Foundation

Name and designation Shantha D. Gunathilake

of contact person : Director

Address of institution: 13 A, Station Road,

Richmond Hill, Galle.

Telephone No: 0722-525098

Fax: 091-2232834

Geographical Galle in Southern area

area of work: Province

Area of involvement: Creating awareness,

condom promotion

### Scope of work

This district is in the coastal belt and the organization has targeted beach boys and street children. Beach boys are believed to provide sexual services to tourists, some of them are male sex workers. Street children have the potential to be lured into the sex trade as they are without parental support. Exchange of sex may take place in favour of money, food or sometimes protection. This is a difficult group to reach and sustain for continuous interventions. Awareness on STD/HIV/AIDS and sexual and reproductive health programmes with skills in condom use and negotiation for safer sex practices have been carried out.

IEC material - handouts, street dramas, sports events

# Organization of Environment and Children's Right Promotion

Name and designation Mr R. Wickramasinghe

of contact person: Director

Address of institution: Near the school

Pussalle Parakaduwa.

Telephone No: 035-2232891

Fax: 045-2262884

Geographical Ratnapura in area of work : Sabaragamuwa

Province

Area of involvement: Creating awareness,

advocacy, condom

promotion

### Scope of work

Adolescents of families of Middle East migrants and plantation workers have been targeted. Awareness on sexual and reproductive issues were addressed. Advocacy for estate superintendents.

IEC material - handouts, leaflets

#### **PCDSD Network**

Name and designation Mr Rohan Salgadoe

of contact person : President

Address of institution: C/O, City Mission

135, Dam Street Colombo 12.

Telephone No: 071-4052950

Geographical Colombo in Western

area of work: Province

Area of involvement: Creating awareness,

condom promotion

# Scope of work

Target group has been young men and women in the 'free trade zone' factories. One hundred and sixty peer leaders were trained to teach others the importance of sexual and reproductive health. A training curriculum has been drafted.

IEC material - handouts, booklets

# **Project Environment and Children Everywhere**

Name and designation

of contact person:

PEACE

Address of institution: 446/15,

Timbirigasyaya Road

Colombo 05.

Telephone No: 2559397/2596855

Fax: 2596855

Email: peacesl@srilanka.net

Geographical Colombo and Galle in

area of work : Western and

Sabaragamuwa Province

Area of involvement: Creating awareness,

Advocacy, condom

promotion

## **Plantation Human Development Trust**

Name and designation C. Jayamanna of contact person : Director-General

Address of institution: No. 427/14,

Robert Gunawardhana Mawatha, Battaramulla.

Telephone No: 011-2887497

Fax: 011-2887500

Geographical Nuwara Eliya in Central

area of work: Province

Area of involvement: Creating awareness,

advocacy, condom

promotion

# Scope of work

Advocacy for estate superintendents

Training of estate medical officers in syndromic management of STD. This was done in collaboration with the National STD/AIDS Control Programme. A training module was prepared for this purpose.

Awareness for youth in the plantation sector. Research – KABP survey among plantation workers.

IEC material - handouts, power point presentations, training module on syndromic management of STD.

## **Population Services Lanka**

Name and designation N.P. Weerakoon of contact person : Project Manager

Address of institution: No. 155, Kirula Road,

Narahenpita.

Telephone No: 011-2500824

Geographical Trincomalee in North area of work : and East Province

Area of involvement: Creating awareness,

advocacy, condom

promotion

# Scope of work

Target group internally displaced persons.

Young men and women in the refugee camps have been provided with information on sexual health and HIV/AIDS. Promotion and provision of condoms.

## Praja Sanwardana Sansadaya

Name and designation Mr W. Wijewantha Wellala

of contact person: Director

Address of institution: 155, ½, Rahula

Junction, Matara.

Telephone No: 041-2240400

Fax: 041-4390539

Geographical Matara in Southern

area of work: Province

Area of involvement: Creating awareness

#### **Rural Friends**

Name and designation Mr. Mahinda Ediriweera of contact person : Executive Director

Address of institution: 10 B, Wishwakalapaya,

Godagama, Matara.

Geographical Matara and area of work: Hambanthota in

Southern Province

Area of involvement: Creating awareness,

counselling services,

advocacy,

condom promotion.

## Scope of work

Live radio broadcast programme was carried out in 2004 to reach out to youth and the general population. The basic facts of HIV including transmission, non-transmission, safer sexual practices, VCT, available services, stigma and discrimination were addressed in these programmes.

Counselling centre has been established to promote youth to come and discuss various day- to-day issues relating to sexual health and assess their risk to infections. Trained counsellors carry out counselling and refer cases to STD clinic for testing.

Two hundred young men and women volunteers were trained to carry messages relating to sexual health to others.

IEC material – handouts, booklets, stickers and posters.

### Sabaragamuwa Janatha Padanama

Name and designation Mr S.K. Chandrasena

of contact person : Director

Address of institution: Watapota Road,

Niwithigala.

Telephone No: 045-2279160

Fax: 045-2279377

Geographical Rathnapura in area of work : Sabaragamuwa

**Province** 

Area of involvement: Creating awareness,

advocacy, condom

promotion.

#### Scope of work

This is a district reputed for gem mining, hence several foreigners including Thais and other gem business traders frequent this area. Young girls are lured into sex work and sex trade goes on in a clandestine manner here. The organization has been able to develop skills of negotiating for safer behaviours among sex workers. Condoms are distributed by the organization.

Advocacy for the Association for Thai Gem Merchants was done.

IEC material - handouts.

### Sahanaya

Name and designation

Prof. Nalaka Mendis

of contact person:

President

Address of institution:

96/20, Kitulwatta Road,

Colombo 08.

Telephone No:

2685960

Fax:

5356689

Email:

sahanya@panlanka.net

Geographical area of work:

Colombo in Western

Province

Area of involvement:

Creating awareness,

advocacy, condom

promotion.

# Scope of work

Primarily working with adolescents and youth for mental wellbeing. Counselling for change in behaviour for substance abuse is an integral component.

### Sarvodaya

Founded in 1958. Considered the largest NGO in the country. The mission of this NGO is to dedicate itself to making a positive difference to the lives of rural Sri Lanka.

Name and designation of contact person :

Dr V. Ariyaratne Executive director

Address of institution:

Community Health Unit

Sarvodaya Head Office

No. 20,

Rawathawatte Road,

Moratuwa.

Telephone No:

0112647159

Fax:

011 2656512

Island wide

Email:

ssmplan@sri.lanka.net

Website:

http:/www.sarvodaya.org

Geographical area of work:

k:

Croating

Area of involvement: Creating awareness,

counselling services, advocacy, condom promotion, research.

#### Scope of work

Sarvodaya is one of the pioneering NGOs in the field of HIV/AIDS. Has been involved with many target groups in creating awareness on sexual health and HIV/AIDS. Programmes for youth in rural and semi-urban settings all over the country have been given information on sexual health and HIV/AIDS. Some programmes were scaled up to training peers in skills development to bring about behavioural change towards safer sexual behaviours and positive attitudes towards people living with AIDS. Several programmes for the general population were carried out to reduce stigma and discrimination among PLWAS.

Advocacy for religious leaders has been another area of work. Several religious leaders were educated on HIV/AIDS in order to provide care and support for PLWAS if and when they required such services.

Counselling services are available for adolescents and youth on sexual health, HIV/AI and substance abuse.

IEC material – a variety of pamphlets, booklets and videos have been prepared for youth. A video on the role of religious leaders is available.

#### **Sewa Lanka Foundation**

Name and designation Mr H.K. Navarathna

of contact person : Chairman

Address of institution: P.O. Box 03,

No. 472 A Colombo Road, Boralesgamuwa.

Telephone No: 2545362 Fax: 2545166

Email: sewahq@sri.lanka.net

Geographical Anuradhapura,

area of work: Galle in North Central

and Southern Province

Area of involvement: Creating awareness,

condom promotion

# Social Economic and Environment Development Organization

Name and designation Mr R.M.D. Kumarathunga of contact person: Executive Director

Address of institution: 130, Moneragala Road,

Badulkubura.

Telephone No: 055-2250179

Fax: 055-2291071

Geographical Moneragala in Uva area

area of work: Province

Area of involvement: Creating awareness,

advocacy, condom

promotion

# Scope of work

Target group has been AL students. Advocacy for school principals was carried out. Students were given information so that they become aware of the dangers of STD/HIV/AIDS and safeguard their sexual health. Issues addressed: child abuse, sexual exploitation of adolescents.

Police in the area were given awareness programmes.

IEC material - handouts.

# Sri Lanka Anti Narcotics Association (SLANA)

Name and designation Mr S. Ramachandran of contact persons: Ms Dharshani Guniyangoda

Address of institution: No. 121, Kynsey Raod

Colombo 08.

Telephone No: 011 2688311

Geographical Island wide

area of work:

Area of involvement: Creating awareness,

counselling, advocacy, condom promotion

# Scope of work

The organization is a pioneering institute in preventing substance abuse among youth. Awareness programmes on adverse effects of substance abuse and risky sexual behaviours are addressed. Several youth clubs of school and out-of-school youth have been formed under the guidance of the organization. Introduction or referral to drug rehabilitation is also a component. Counselling of youth is an activity.

Factory workers in the "free trade zone" of several factories have been targeted.

IEC material - handouts, booklets, power point presentations.

# Sri Lanka Association for Voluntary Surgical Contraception and Family Health

Name and designation S. Ismail

of contact person : Executive Director

Address of institution: No. 21/1,

Keppetipola Mawatha Bogambara, Kandy.

Telephone No: 081-2223462

Geographical Districts of Kandy in area of work : Central Province

Area of involvement: Creating awareness,

advocacy

# Scope of work

Awareness programmes for school children.

Safer sex and reducing the risk of drug use and alcohol use among prisonerscounselling for youth linking up with STD services.

IEC material – handouts, power point presentations, video films

#### Surasa Sanwardana Padanama

Name and designation Mr M. Hettihewa of contact person : Ms. W.E. Jayasooriya

Address of institution: "Thamaridu",

Dodampahala,

Dikwella

Telephone No: 041-2255741

Geographical Districts of Matara in area of work : Southern Province

Area of involvement: Creating awareness,

condom promotion

# Scope of work

The organization has worked with beach boys and room boys of tourist hotels in the area. Being a tourist attracting area the vulnerability of both these groups are high. sexual and reproductive health including HIV/AIDS has been carried out. Emphasis on safer sex practices and VCT have been addressed.

Tourists guides and trishaw drivers are the other vulnerable groups for whom awareness programmes were conducted.

IEC material - handouts

#### **Child Rehabilitation Centre**

Name and designation Mr Kamalgoda of contact person : Chairman Address of institution : No. 3A,

Sri Dhammarathne Mawatha Ampara.

Telephone No: 063-2224767

Geographical Districts of Ampara in

area of work: North and East

Province

Area of involvement: Creating awareness,

advocacy and condom

promotion

# Scope of work

It is an area where terrorist activities take place. Beach boys along the coastal belt were targeted for several awareness and skills building workshops. The organization has been able to provide and promote the use of condoms to sex workers. A CSW project was also conducted by the organization.

Tsunami has made the situation worse.

IEC material - handouts

## The Refugees Rehabilitation Organization

Name and designation

S. Thurairajah

of contact person:

Address of institution: No. 106,

4th Cross Street, Jaffna.

Telephone No:

021-2222416

Geographical area of work:

Jaffna in North and East

Province

Area of involvement:

Creating awareness, advocacy and condom

promotion

# Scope of work

A district where the war is intense. However, the organization has been able to provide information on sexual and reproductive health and HIV/AIDS to school children. School teachers have been trained to speak on HIV/AIDS.

Adolescents of fishing families have also been given awareness on sexual and reproductive health including HIV/AIDS.

IEC material - handouts.

## **Uva Farmers Development Foundation**

Name and designation M

Mr Premadasa Bodinayake

of contact person:

Chairman

Address of institution:

Tangalle, Hali-Ela

Telephone No:

055-2294089

Geographical

Badulla in Uva Province

area of work:

Area of involvement:

Creating awareness

and condom promotion

# Scope of work:

Youth in the estate sector. They have limited access to information on health-related issues. Several awareness programmes and discussions on risk reduction have been carried out. Forty volunteers were trained to spread messages and discuss sexual health where appropriate.

IEC material - handouts.

#### **Voice of Youth**

Name and designation Mr Dabawinna of contact person : Project Director

Address of institution : 242. Kotte Road,

Mirihana Nugegoda.

Telephone No: 2825473

Geographical Colombo in Western

area of work: Province

Area of involvement: Creating awareness

and condom promotion

# Scope of work

Has targeted street children for educating them on sexual and reproductive health and prevention of HIV. In many areas in the town of Nugegodathere are several street children who are vulnerable to HIV. They are used for child labour; some have no parental supervision. They have been given learning exercises on basic health issues scaling up to adolescent health. HIV/AIDS and its consequences, and AIDS among orphans have been addressed during awareness programmes. Children have been trained to wean away from providing labour. Trishaw drivers and CSW were also targeted

IEC material - handouts, power point presentations, group presentations, art competitions.

## Wipotha Women's Welfare

Name and designation Ms Shirani Dewendra of

contact person : Director

Address of institution: No. 527, Wilpotha,

Chilaw.

Telephone No: 0722-514553

Geographical Puttalum in North area of work : Western Province

Area of involvement: Creating awareness

and condom promotion

# Scope of work

Fishermen and fishing families. There are several risk factors which make this community vulnerable to HIV such as poverty, being away from home, lack of housing, lack of education.

Young girls and boys lack knowledge on basic hygiene. They have been trained in good health habits and safe behaviours.

IEC material- handouts.

#### **World View**

Name and designation

Address of institution:

Mr Lal Hewapathirana

of contact person : Director

6/8, Nallawatte Road

Maharagama.

Telephone No:

011-4419150

Fax:

011-4419159

Geographical area of work:

Island wide

Area of involvement:

Creating awareness,

counselling services and condom promotion

## Scope of work

Target school drop-outs for awareness programmes. Adolescents are given information on sexual and reproductive health and HIV/AIDS. A radio programme was successfully conducted. Counselling services by trained counsellors are offered to youth.

IEC material - handouts.

## **Young Men's Christian Association**

Name and designation of contact person :

A.C. Bartholomeusz General Secretary

Address of institution:

No. 39, Bristol Street,

Colombo 01.

Telephone No: 2325252

Geographical

Colombo in Western

area of work: Province

Area of involvement:

Creating awareness, advocacy and condom

promotion

## Scope of work

The organization is working with school drop-outs, unemployed youth in the district of Colombo in Pettah and Fort areas, particularly where young boys are used as labourers. Child labour is rampant in this area and the organization has been able to draw these boys into programmes where they are given information on risks they face including sexual exploitation, drug and alcohol abuse.

Since sex trade also goes on in this area where young women work as street sex workers, the organization has been able to highlight the importance of condoms to them.

IEC material - handouts, power point presentations.

## Section 3

# INTERNATIONAL NGO(S) AND UN ORGANIZATIONS

#### **Action Aid International**

Name and designation Rangapali Ranaweera of contact person : Team Leader HIV/AIDS

Address of institution: Action Aid International

SL Programme No. 142/10,

Isipathana Mawatha,

Colombo 05.

Telephone No: 011 506514-15

Fax: 011 2596319

Email: ranga@actionaidlanka.org.

Website: www.actionaid.org.

Geographical All tsunami affected area of work : areas South, North

and East Provinces

#### Area of involvement:

Creating awareness among school and out-ofschool youth in sexual and reproductive health and HIV/AIDS with condom promotion being an integral component. Provides counselling services for emergency situations and assists in capacity building of other NGOS and CBOs in life skills education and counselling.

# **Food and Agriculture Organization**

Name and designation of contact person : Mr Nalin Munasinghe
Programme Assistant

Address of institution: FAO

No. 202,

Bauddhaloka Mawatha

Colombo 7.

Telephone No: 011 2580691

011 2580798

Fax: 011 2587990

Email: nalin.munasinghe@fao.org

Geographical All islands

area of work:

Area of involvement: Creating awareness,

advocacy, condom promotion among young people.

#### **FORUT International**

Name and designation of contact person :

Mr A.B. Werapitiya Programme Officer

Address of institution: No. 98/4,

Havelock Road Colombo 05.

Telephone No: 011 2581226,

025 2234964

Fax: 011 2501570

Geographical Anuradhapura and area of work : Polonnaruwa in North

Central Province

Area of involvement: Creating awareness,

condom promotion among displaced persons in the border

villages.

### **International Labour Organization**

Name and designation of contact person :

Dr Indira Hettiarachchi National Project

Coordinator

Address of institution: No. 23/1/1,

De Fonseka Road,

Colombo 04.

Telephone No: 011 2590297

Fax: 011 2590298

Email: indirailohiv@slt.lk

Geographical All islands except North area of work : and East provinces.

Area of involvement: Creating awareness,

advocacy, condom promotion, policy on AIDS in the workplace.

#### **OXFAMGB**

Name and designation of contact person :

Mr Yogeswaran A. Programme Coordinator

Address of institution:

117, New Kalmunai Road,

Kallady.

Telephone No:

065-2222676

Fax:

065-2225878

Email:

oxfambatti@eureka.lk

Geographical area of work:

Ampara, Batticaloa districts in North and

**East Provinces** 

Area of involvement:

Creating awareness in sexual and reproductive health among young people including condom promotion.

#### Plan International Sri Lanka

Name and designation of contact person :

Dr Sharmajanaka Makalanda National Health Advisor Ms. Genita Perera, project Leader

Plan International is one of the largest child-centred community development organizations working in 60 countries and Plan Sri Lanka is its Sri Lankan chapter. Plan strives to achieve lasting improvement in the lives of deprived children in developing countries through a process that unites people across activities and adds meaning and value to their lives.

Address of institution:

6, Claesson Place

Colombo 05.

Telephone No:

011 2588252

Fax:

011 5354647

Email:

shyam.mahakalanda @planinternational.org

Geographical area of work:

Kandy, Matale, Anuradhpura,

Kurunegala, Badulla,

Monaragala,

Hambantota and a small part of Nuwara Eliya districts

#### Area of involvement:

Since 2000 has been involved in sexual and reproductive health for adolescents and youth. For the World AIDS Day - 2005, major awareness campaigns, outreach programmes for vulnerable communities, ensuring children's participation were carried out by Plan Sri Lanka. Developed a Training Manual on Sexual and Reproductive Health for peer leaders. Has developed several attractive posters on prevention of HIV for school children. Advocacy and research.

### **Salvation Army**

Name and designation Swarna De Silva of contact person : National Coordinator

Address of institution: No. 53,

Salvation Army Headquarters No. 53, Sir James Peiris Mawatha, Colombo 02.

Telephone No: 011 2324660 ext. 208

Fax: 011 24636065

Email: swarna\_desilva2005

@hotmail.com.

Geographical area of work:

phical All islands

Area of involvement:

Creating awareness among young people on HIV/AIDS and providing counselling services for voluntary testing and families of HIV-positive people. Advocacy for HIV prevention among religious leaders and opinion leaders. Care and support for PLWA.

#### Save the Children in Sri Lanka

Name and designation Mr Lionel Alahakoon of contact person : Information and

**Documentation Officer** 

Address of institution: 58A, Horton Place,

Colombo 07.

Telephone No: 011 2672668 – 70

Fax: 011 2672671

Email: mail@savethechildren.lk

Geographical

area of work: North central Province

Area of involvement: Creating awareness

## SOS Children Villages of Sri Lanka

Name and designation Ms Kusum Fernando

of contact person: Pro. Director

Address of institution: P.O. Box 5, Piliyandala.

Telephone No: 011 4213933

Fax: 011 2702321

Email: sos.sc@slt.net

Geographical Colombo, Nuwara Eliya, area of work : Galle and Moneragala

districts

Area of involvement: Creating awareness

# **UNICEF**

Name and designation of contact person :

Dr Harischandra Yakandawala Programme Officer

Address of institution: UNICEF

No. 05,

Geethanjana Place,

Colombo 05.

Telephone No: 011 2555270 – ext. 260

Email: hyakandawala@unicef.org

Geographical All island

area of work:

Area of involvement: Creating awareness,

advocacy, condom promotion, research among adolescents and

youth.

## **United Nations Population Fund**

Name and designation of contact person : Dr Nayani Sooriyarachchi National Professional

Project Personnel

The United Nations Population Fund (UNFPA) is an international development agency that promotes the right of every woman, man and child to enjoy a life of health and equal opportunity. UNFPA supports countries in using population data for policies and programmes to reduce poverty. UNFPA also supports programmes to ensure that every pregnancy is wanted, every birth is safe, every young person is free of HIV/AIDS, and every girl and woman is treated with dignity and respect.

Address of institution: United Nations

Population Fund 53/30,

Torrington Avenue,

Colombo 7.

Telephone No: 011-2501886

011 2501905

Email: nayani.suriyarachchi

@undp.org

Website: www.unfpa.org

Geographical Beruwala,

area of work: Anuradhapura, Kandy

Area of involvement:

UNFPA, in partnership with the Government of Sri Lanka, has addressed sexual and reproductive health (SRH) needs, including prevention of HIV/ AIDS, amongst young people with the objective of improving their SRH status. The interventions supported by UNFPA in the area of young people include developing school curriculum on SRH, and providing training service to address youth issues. UNFPA is piloting models for scaling up Youth Friendly Health Services in order to provide information; counselling and clinical services for young people in three settings, namely, government health setting in the MOH area Beruwala, government non-health setting at NYSC, Anuradhapura and nongovernmental setting at SLAVSC in Kandy. In this project, development of a national training manual for youth friendly services for service providers and developing targeted BCC material for youth are important activities. Development of a logo for YFS and developing minimum standards for franchising the services are also some of the important activities identified.

#### **World Bank**

Address of institution: World Bank,

73/5, Galle Road Colombo 03.

Telephone No: 011 2448070

Fax: 011 2440357

Email: knavaratne@worldbank.org

All island

Geographical

area of work:

Area of involvement:

Funding HIV prevention and care programmes in the Ministry of Health through National HIV/AIDS

Prevention Project.

## **World Food Programme**

Name and designation Ms Vishaka Thilakaratne of contact person : Programme Officer –

Mother and Child

Address of institution: United Nations World

Food Programme in

Colombo No. 10,

Flower Avenue, Colombo 7.

Telephone No: 011 2586244

Fax: 011 2502468

Email: Visaskathilakeratne

@wfp.org

Geographical

area of work:

All island

Area of involvement: Creating awareness on

HIV/AIDS, advocacy among staff of

Agriculture Ministry for

HIV/AIDS.

#### **World Vision**

Name and designation Dianah B. Majeks of contact person : — H&N Manager

Address of institution: #371 R.A. De

Mel Mawatha Colombo 3

Telephone No: 011 5555509

Fax: O11 5555534

Email: Dianah\_Majeks@wvi.org

Website: www.worldvision.org

Geographical Ampara, Batticaloa,

area of work : Galle, Jaffna,

Hambantota, Kalutara, Matara, Mullaitivu and Trincomalee districts

#### Area of involvement:

Creating awareness on HIV/AIDS among young people. Research among staff on knowledge, attitudes, behaviours and perceptions to HIV/AIDS.